

# Ephesians 1:19-23

Date | 10/23/11

*19 and what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might 20 which He brought about in Christ, when He raised Him from the dead and seated Him at His right hand in the heavenly places, 21 far above all rule and authority and power and dominion, and every name that is named, not only in this age but also in the one to come. 22 And He put all things in subjection under His feet, and gave Him as head over all things to the church, 23 which is His body, the fullness of Him who fills all in all.*

**Paul prays for the Ephesians that they may know the power available to them through Jesus Christ**

## **The Power at work in Jesus (vs. 19-22)**

1. What is so powerful about the resurrection?
2. How does this power give us hope for the future? How about for today?
3. What does “seated at his right hand” speak of?
4. In vs. 21, what words does Paul use to stress the universality of Jesus’ rule.

## **The power at work in us (vs. 22-23)**

1. What is the difference between Jesus’ headship over all things and the fact that he is the head of the church?
2. How does this relate to Ephesians 1:10?
3. What does it mean that we are Jesus’ body? His fullness?
4. That role, as Jesus’ body and fullness is a great responsibility of the church, but how is the end of vs. 23 an encouragement to us?
5. Remember that in these verses Paul is not praying that God would give us power, but that we would KNOW (vs. 18) the power that we have. What is the value of this knowledge?